

1 **Fingers zipped up or baby mittens? Two main tetrapod strategies to return to the sea**

2

3 Marta S. Fernández<sup>1</sup>, Evangelos Vlachos<sup>2,\*</sup>, Mónica R. Buono<sup>3</sup>, Lucia Alzugaray<sup>3</sup>, Lisandro

4 Campos<sup>1</sup>, Juliana Sterli<sup>2</sup>, Yanina Herrera<sup>1</sup>, Florencia Paolucci<sup>1</sup>

5

6 \*Corresponding Author

7 <sup>1</sup>CONICET — División Paleontología Vertebrados, Museo de La Plata, Facultad de Ciencias

8 Naturales y Museo, Universidad Nacional de La Plata, B1900AVW, La Plata, Argentina

9 <sup>2</sup>CONICET — Museo Paleontológico Egidio Feruglio, Av. Fontana 140, 9100, Trelew,

10 Chubut, Argentina

11 <sup>3</sup>Instituto Patagónico de Geología y Paleontología, CCT CONICET-CENPAT, Bvd. Brown

12 2915, U9120ACD, Puerto Madryn, Chubut, Argentina

13 **Abstract**

14 The application of network methodology in anatomical structures offers new insights on the  
15 connectivity pattern of skull bones, skeletal elements, and their muscles. Anatomical  
16 networks helped understanding better the water-to-land transition and how the pectoral fins  
17 were transformed into limbs via their modular disintegration. Here, we apply the same  
18 methodology to vertebrates secondarily adapted to the marine environment. We find that  
19 these animals achieved their return to the sea with four types of morphological changes,  
20 which can be grouped into two different main strategies. In all marine mammals and the  
21 majority of the reptiles the fin is formed by the persistence of superficial and interdigital  
22 connective tissues, like a “baby mitten”, whereas the underlying connectivity pattern of the  
23 bones does not influence the formation of the forefin. On the contrary, ichthyosaurs “zipped  
24 up” their fingers and transformed their digits into carpal-like elements, forming a  
25 homogeneous and better-integrated forefin. These strategies led these vertebrates into three  
26 different macroevolutionary paths exploring the possible spectrum of morphological  
27 adaptations.

28

29 **Keywords**

30

31 Anatomical Networks, Marine Reptiles, Marine Mammals, Marine Turtles, Marine  
32 Crocodiles, Limb-to-Fin Transitions

### 33 **Background**

34 Tetrapods are unique among major plant and metazoan clades in showing recurrent  
35 colonizations from land or freshwater to marine realm [1]. The colonization of land happened  
36 once and nearly 400 mya (Devonian). On the contrary, several terrestrial lineages colonized  
37 marine ecosystems in repeated occasions since the Early Triassic (250 mya) [2]. Iconic  
38 examples include turtles, ichthyosaurs, mosasaurs, plesiosaurs, metriorhynchid  
39 crocodylomorphs during the Mesozoic, and mainly birds and mammals during the Cenozoic  
40 (penguins, whales, dolphins, sea lions, seals, and sea cows). Due to the aquatic physical  
41 environment, all these animals Secondarily Adapted to the marine environment (SECAD)  
42 exhibit strong modifications in their skeletons compared to the basic terrestrial tetrapod  
43 pattern. These modifications have been extensively cited as canonical examples of  
44 convergent evolution [2,3,4,5]. Despite they are not closely related, all these groups share  
45 something in common: their ancestors had fingers. Previous studies have suggested that the  
46 limb-to-forefin (to better distinguish it from pectoral fins) transition in aquatic tetrapods  
47 occurred several times and followed diverse strategies [6,7,8,9,10,11]. However, did that  
48 morphological shift influenced their anatomical integration? Is there a conserved modularity  
49 pattern among SECAD tetrapods? Or did land-to-water transition trigger an array of unique  
50 appendage connectivity patterns across lineages? To address these questions, we used  
51 Anatomical Network Analysis, a novel framework that has been demonstrated as a powerful  
52 approach to analyze the organization of anatomical structures [12,13].

53 Recently, this approach helped studying the connectivity patterns of the various bones  
54 of the tetrapodomorph limb, providing a new framework for understanding the water-to-land-  
55 transition. This process was characterized by less integrated and more modular appendages  
56 that were accompanied by significant muscular diversification [14,15]. The appearance of  
57 digits caused a major transformation in the connectivity pattern of the tetrapodomorph

58 appendage, from an “ancestral” web-like morphology to a “derived” tree-like network  
 59 through a process called, appropriately, the “disintegration” of the limb [14]. Here, we  
 60 expand this framework to study the limb-to-forefin transformation in tetrapods, including a  
 61 broad taxonomic sampling of extant and extinct marine reptiles and mammals.

62

63 **Table 1.** Network properties of analyzed taxa. C, Average Clustering Coefficient; D, Density; E, Edges; H,  
 64 Heterogeneity; N, Nodes; P, Parcellation; PL, Average Path Length.

Taxon	Classification	Age	N	E	D	C	PL	H	P
<i>Hupehsuchus</i>	Ichthyosauromorph	Early Triassic	37	49	0.074	0.230	5.041	0.446	0.873
<i>Nanchangosaurus</i>	Ichthyosauromorph	Early Triassic	56	76	0.049	0.160	6.097	0.495	0.884
<i>Petrolacosaurus</i>	Basal Diapsid	Late Carboniferous	38	58	0.083	0.296	4.558	0.499	0.842
<i>Mixosaurus</i>	Basal ichthyosaur	Middle Triassic	78	171	0.057	0.425	5.861	0.362	0.804
<i>Ichthyosaurus</i>	Ichthyosaur	Early Jurassic	91	226	0.055	0.476	6.633	0.264	0.827
<i>Caypullisaurus</i>	Derived ichthyosaur	Late Jurassic	103	245	0.047	0.433	6.685	0.280	0.844
<i>Portunatasaurus</i>	Mosasauroid	Late Cretaceous	37	48	0.072	0.250	5.047	0.509	0.874
<i>Mosasaurus</i>	Mosasaur	Late Cretaceous	62	72	0.038	0.116	9.685	0.418	0.864
<i>Styxosaurus</i>	Plesiosaur	Late Cretaceous	95	106	0.024	0.074	14.948	0.400	0.882
<i>Dermochelys</i>	Marine turtle	Extant	33	44	0.083	0.248	4.508	0.510	0.814
<i>Cricosaurus</i>	Crocodylomorph	Late Jurassic	26	35	0.108	0.278	3.920	0.543	0.822
<i>Megadyptes</i>	Penguin	Extant	12	19	0.288	0.683	2.530	0.352	0.667
<i>Zalophus</i>	Sea lion	Extant	30	38	0.087	0.169	4.487	0.505	0.844
<i>Ommatophoca</i>	Seal	Extant	30	40	0.092	0.229	4.230	0.568	0.840
<i>Dugong</i>	Sirenid	Extant	29	39	0.091	0.251	4.096	0.571	0.828
<i>Maiacetus</i>	Cetacean protocetid	Middle Eocene	32	45	0.091	0.210	4.375	0.552	0.840
<i>Dorudon</i>	Cetacean basilosaurid	Late Eocene	24	37	0.134	0.354	3.272	0.565	0.729
<i>Lagenorhynchus</i>	Cetacean odontocetes	Extant	35	48	0.081	0.183	5.187	0.554	0.833
<i>Megaptera</i>	Cetacean mysticetes	Extant	35	47	0.079	0.176	5.987	0.508	0.803

65

## 66 **Material and Methods**

67 **Sample analyzed.** We doubled the tetrapod dataset [15] by constructing networks of the  
 68 forefins of 19 SECAD tetrapods (Table 1). Data were selected based on the most complete  
 69 published forefins and/or first-hand examinations, selecting the most representative

70 morphotypes of each group, to have a comprehensive sample of variability. See Table S1 for  
71 details.

72 **Construction of networks and analyses.** All anatomical connections between bony  
73 elements of the forefins were carefully defined manually, considering either bone-bone  
74 and/or bone-cartilage connections. These models were digitalized in Gephi [16] and depicted  
75 with the Force Atlas 2 layout algorithm; see Suppl. Information for adjacency matrices.  
76 Metrics were calculated with Gephi algorithms, excluding heterogeneity and parcellation that  
77 were calculated as in [15], but using the communities detected in Gephi; we followed  
78 Calatayud et al. [17] rationale to ensure the best community detection. The main descriptors  
79 used to analyze the networks are: density (how many connections exist compared to the  
80 maximum ones), heterogeneity (how the connections are distributed across the network),  
81 clustering (how well integrated the various elements are with their immediate surroundings),  
82 and parcellation (the degree of anatomical modularity of the network); see [15] for further  
83 information. Individual bones are colored according to their Betweenness Centrality (how  
84 many times are included in the shortest path between any pair of nodes), as a measure of their  
85 importance in the forefin. Principal component analysis (PCA) and PERMANOVA were  
86 performed in PAST [18].

87

88 **Figure 1.** From fin to limb and back again. Anatomical Networks showing the forelimb-to-forefin transition in  
89 SECAD tetrapods stemming from a basic tetrapod limb, highlighting the main types of morphological changes.  
90 See Fig. 2 for silhouette credits.

91

## 92 **Results**

93 The anatomical network of the forelimb of a basic terrestrial tetrapod contains 6–7  
94 modules, the digit modules forming a tree-like appendage [14] that departs greatly from its  
95 “ancestral” condition (e.g., coelacanth) that had fewer modules placed in a row, one distal to

96 the other. Our analysis indicates that the transformation of a forelimb to a forefin in aquatic  
97 tetrapods that finally achieved pelagic lifestyle occurred, mainly, with four major  
98 morphological changes, in combinations (Figure 1): increased number of connections,  
99 increased number of bones, loss of bones, fusion of bones. All SECAD taxa show, in  
100 comparison with their terrestrial tetrapod ancestor, an increased number of connections in the  
101 mesopodium, involving mainly a better integration of some of the metacarpals (usually the  
102 mid ones; Figure 1). The addition of more connections and better integration is taken to the  
103 extreme in ichthyosaurs, where phalangeal elements are also connected anteroposteriorly.  
104 Several SECAD tetrapods show an increased number of bones, involving the addition of  
105 phalangeal elements (hyperphalangy) that extend the previous smaller digit modules  
106 (mosasaurs, plesiosaurs, whales, dolphins, marine crocodiles), more digits (i.e., polydactyly  
107 as in *Nanchangosaurus*), or both more phalanges and/or more digits forming more integrated  
108 patterns (e.g., ichthyosaurs). Few show a reduction in the number of bones, either in the  
109 mesopodium (marine crocodiles), in the digits (basilosaurids; must be corroborated with  
110 additional complete specimens), or by fusion (sirenids). These changes can be grouped into  
111 two main strategies. On one hand, mosasaurs, plesiosaurs, marine crocodiles, turtles,  
112 mammals, and basal ichthyosauromorphs conserved the ancestral tree-like appendage  
113 morphology. Ichthyosaurs, on the other hand, followed a different strategy of reintegrating  
114 their digits into a fin. The case of penguins is special, because their highly modified  
115 appendages represent their ancestral condition of having wings, with mainly extreme loss and  
116 bone fusion (as a result of strong phylogenetic and functional constraints).

117 PCA (Figure 2) depicts the variance across anatomical networks using four important  
118 descriptors: density, clustering, heterogeneity, and parcellation. This allows placing SECAD  
119 vertebrates in the context of the known morphospace of tetrapodomorphs and tetrapods. The  
120 first two PCs explain 83.6% of the variation. Mysticetes, sea lions, and sea turtles have

121 forefins slightly more modular and homogeneous than terrestrial tetrapods, and are placed  
122 closer to the region of the morphospace occupied mainly by terrestrial tetrapods with limbs  
123 (Figure 2, brown area). This is expected for sea lions and marine turtles as they spend some  
124 time on the shore and their forefins are functional in land to support the trunk or shell, thus  
125 conserving the ancestral function of tetrapods. In the case of mysticetes, humpback whales  
126 display the longest forefin among cetaceans and increased modularity that is compensated by  
127 the loss of a digit; this allows the network to maintain its complexity and integration. Seals  
128 and sirenids are heterogeneous enough and just slightly more complex than their terrestrial  
129 tetrapod ancestor to enter in the region occupied by tetrapods with fins (Figure 2, green area).  
130 Seals differentiate from sea lions in that on land they do not use their forefins as a weight-  
131 bearing appendages, which might explain its displacement within the morphospace of  
132 tetrapods without tree-like appendages. Basal forms of other lineages with pelagic derived  
133 members, such as *Hupehsuchus*, *Nanchangosaurus*, and *Portunatasaurus*, are also placed  
134 within the known LIMB morphospace, consistent with the terrestrial-like forefin topology  
135 that most of these taxa had. However, several SECAD tetrapods show some more extreme  
136 changes, following three different adaptation paths that are discussed in the following  
137 section.

138 PERMANOVA analysis (Figure 2, inset) confirms the statistically significant  
139 difference between the fins and limbs reported previously [15]. The forefins of SECAD  
140 tetrapods that conserve the tree-like appendage (blue in Figure 2) are not significantly  
141 different from the limbs of terrestrial tetrapods, whereas those that reintegrated their limbs  
142 (ichthyosaurs, red in Figure 2) are significantly different from all other groups.

143

144 **Figure 2.** Principal Component Analysis (PCA) scatter diagram showing the position of each taxon in the  
145 morphospace defined by the first two PCAs explaining 83.6% of the variation (PC1: 59.4%, PC2: 24.2%, PC3:  
146 15.1%, PC4: 1.1%), including a PERMANOVA analysis of the main groups (statistically significant  $p < 0.05$

147 marked with bold). Abbreviations: Amb, *Ambystoma*; Bal, *Balanerpeton*; Cab, *Cabonnichthys*; Cel, *Celtdens*;  
148 Did, *Didelphis*; Ery, *Eryops*; Eus, *Eusthenopteron*; Gog, *Gogonasus*; Hyl, *Hyloplezion*; Igu, *Iguana*; Lat,  
149 *Latimeria*; Man, *Mandageria*; Mus, *Mus*; Neo, *Neoceratodus*; Pand, *Panderichthys*; Pant, *Pantylus*; Pol,  
150 *Polypterus*; Sal, *Salamandra*; Sau, *Sauripterus*; Sey, *Seymouria*; Sphe, *Sphenodon*; Ste, *Sterropterygion*; Tik,  
151 *Tiktaalik*; Tul, *Tulerpeton*. Silhouettes are downloaded from phylopic.org and attributed to: Y. Wong  
152 (coelacanth), D. Bogdanov (tetrapod), S. Hartman (ichthyosaur), I. Reid (mosasaur), N. Tamura (plesiosaur,  
153 *Maiacetus*), G. Monger (thalattosuchian), S. Tracer (sirenian), V. Smith (manatee), C. Huh (dolphin, whale), M.  
154 Keesey (basilosaur), J. R. Spotila and R. Chatterji (turtle), Jakovche (seal), S. Traver (sea lion, penguin).

155

## 156 **Discussion**

157 The back-to-the-sea tetrapod transition resulted in dramatic changes in limb  
158 morphology, including the retention of the soft-tissue envelope enclosing the limb skeleton  
159 and lengthening of the distal region by the addition of bony elements, all strongly connected  
160 to early developmental stages of these animals. Resulting fin-shaped limbs can be  
161 functionally propulsive or swimming control surfaces [11]. As in the case of water-to-land  
162 transition, these morphological changes also impact the topological organization of the  
163 forefin, and anatomical networks help recognizing these modifications in the underlying  
164 patterns of connectivity. These abstract network models could help formulating several  
165 developmental or biomechanical hypotheses [14,15]. In our case, networks indicate that the  
166 shift from limb to forefin was also coupled with a deep modification in the anatomical  
167 integration of their forelimbs. From a tree-like network of their terrestrial ancestors, the  
168 transition to an aquatic and/or pelagic lifestyle triggered an array of connectivity patterns that  
169 could be summarized in three main adaptation paths (Figure 2):

170

171 **Path to Modular Disintegration.** Mosasaurs and plesiosaurs place new limits in the  
172 disintegration of the limb, a process that has previously started with the conquest of the land

173 [14]. By adding numerous new phalanges on their digits, they increase the modularity of their  
174 forefins, while reducing their density and integration.

175

176 **Path to Complex Reintegration.** Marine crocodiles and, possibly, basilosaurids change their  
177 ancestral networks by losing elements and by increasing connections of the metapodials,  
178 which results in increased density (primarily) and better integration of their bones  
179 (secondarily). The extreme end to this path is the heavily reduced limb-fin of the penguin,  
180 which is also accompanied by fusion of elements.

181

182 **Path to Homogeneous Reintegration.** The most impressive changes are noted in the forefins  
183 of ichthyosaurs. Although they share with other marine reptiles the addition of numerous  
184 phalangeal elements, ichthyosaurs abandoned the tree-like appendage for a new, web-like,  
185 structure. Ichthyosaurs reintegrated their digits into the mesopodium with the addition of  
186 anterior and posterior contacts and articulations. Hence, the metacarpals and the numerous  
187 phalanges of the ichthyosaurs radically adopt the connectivity pattern of carpal bones  
188 (increased clustering, betweenness centrality, and degree) — this is mesopodalization  
189 [9,10,19] in network terms. These forefins are highly integrated and homogeneous, as nearly  
190 all elements are well-connected with their surroundings with a similar number of  
191 connections. But at the same time, this strategy allowed ichthyosaurs to have forefins that did  
192 not lose much of their modularity.

193

194 The majority of the SECAD tetrapods present changes in terms of bone connectivity  
195 that include mainly the addition of a variable number of phalanges in most digits, some  
196 moderate increase in the integration of the metacarpal bones, or some minor reductions (by  
197 loss or fusion of elements). In all these cases, the limb-into-forefin transformation was

198 actually achieved by the persistence of interdigital soft-tissue and by enclosing the limb in a  
199 broad soft-tissue envelope, which provided its form and made it functional. The underlying  
200 connectivity pattern does not influence greatly the form of the fin. This strategy is like  
201 wearing “baby mittens”: fingers might be able to move inside the mittens but they no longer  
202 function as separate modules. With their “baby mittens”, these tetrapods managed to explore  
203 regions outside the known morphospace of other tetrapods, attempting higher disintegration  
204 (mosasaurs and plesiosaurs) of the limb or some moderate reintegration (basilosaurs) — but  
205 without losing their digits. In the meantime, ichthyosaurs followed a different strategy and  
206 “zipped up” their fingers showing a costly reintegration of their limb to a modular pattern that  
207 is analogous to fishes, with the addition of interdigital bony elements and lateral connections.

208 Anatomical networks help understanding that all these secondary adaptations to the  
209 marine environment are not the same, and to speculate that they are the result of different  
210 developmental mechanisms, but also physical, phylogenetic, and morphological constraints.  
211 Most of these tetrapods underwent through less drastic changes, and are groups which still  
212 survive today (mammals, turtles, and crocodiles), while other, now-extinct, groups (like  
213 plesiosaurs, mosasaurs, and ichthyosaurs) approached and even exceeded the limits of the  
214 potential morphological changes. Further work and detailed, element- and clade-specific  
215 network analyses will allow associating this underlying bone connectivity and the  
216 functionality of these forefins.

217

## 218 **Funding**

219 MF received funds from ANPCyT-PICT-2016-1039 and UNLP-N853, and MB from  
220 ANPCyT-PICT-2015-0792.

221

## 222 **Acknowledgements**

223 We would like to thank the Editorial Board, B. Esteve-Altava, J. Calatayud, and E. Maxwell  
224 for valuable comments that improved this manuscript.

225

## 226 **References**

- 227 [1] Vermeij GJ, Dudley RO. Why are there so few evolutionary transitions between aquatic  
228 and terrestrial ecosystems? *Biol J Linn Soc.* 2000 Aug 1;70(4):541-54.
- 229 [2] Vermeij GJ, Motani R. Land to sea transitions in vertebrates: the dynamics of  
230 colonization. *Paleobiology.* 2018 May;44(2):237-50.
- 231 [3] Pyenson ND, Kelley NP, Parham JF. Marine tetrapod macroevolution: physical and  
232 biological drivers on 250 Ma of invasions and evolution in ocean ecosystems.  
233 *Palaeogeogr Palaeoclimatol Palaeoecol.* 2014 Apr 15;400:1-8.
- 234 [4] Kelley NP, Motani R. Trophic convergence drives morphological convergence in marine  
235 tetrapods. *Biol Lett.* 2015 Jan 31;11(1):20140709.
- 236 [5] Kelley NP, Pyenson ND. Evolutionary innovation and ecology in marine tetrapods from  
237 the Triassic to the Anthropocene. *Science.* 2015 Apr 17;348(6232):aaa3716. doi:  
238 10.1126/science.aaa3716
- 239 [6] Caldwell MW. Modified perichondral ossification and the evolution of paddle-like limbs  
240 in ichthyosaurs and plesiosaurs. *J Vertebr Paleontol.* 1997 Sep 4;17(3):534-47.
- 241 [7] Caldwell MW. Limb osteology and ossification patterns in *Cryptoclidus* (Reptilia:  
242 Plesiosauroidea) with a review of sauropterygian limbs. *J Vertebr Paleontol.* 1997 Jun  
243 19;17(2):295-307.
- 244 [8] Caldwell MW. From fins to limbs to fins: limb evolution in fossil marine reptiles. *Am J*  
245 *Med Genet.* 2002 Oct 15;112(3):236-49.

- 246 [9] Maxwell EE. Unraveling the influences of soft tissue flipper development on skeletal  
247 variation using an extinct taxon. *J Exp Zool A Comp Exp Biol*. 2012 Nov;318(7):545-  
248 54.
- 249 [10] Fedak TJ, Hall BK. Perspectives on hyperphalangy: patterns and processes. *J Anat*. 2004  
250 Mar;204(3):151-63.
- 251 [11] DeBlois MC, Motani R. Flipper bone distribution reveals flexible trailing edge in  
252 underwater flying marine tetrapods. *J Morphol*. 2019 Jun;280(6):908-24.
- 253 [12] Esteve-Altava B, Marugán-Lobón J., Botella H, Rasskin-Gutman D. Network models in  
254 anatomical systems. *J Anthropol Sci*. 2011 Sep 10;89:175–84.
- 255 [13] Rasskin-Gutman D, Esteve-Altava B. Connecting the dots: anatomical network analysis  
256 in morphological EvoDevo. *Biol Theory*. 2014 Jun 1;9(2):178-93.
- 257 [14] Esteve-Altava B, Molnar JL, Johnston P, Hutchinson JR, Diogo R. Anatomical network  
258 analysis of the musculoskeletal system reveals integration loss and parcellation boost  
259 during the fins-to-limbs transition. *Evolution*. 2018 Mar;72(3):601-18.
- 260 [15] Esteve-Altava B, Pierce SE, Molnar JL, Johnston P, Diogo R, Hutchinson JR.  
261 Evolutionary parallelisms of pectoral and pelvic network-anatomy from fins to limbs.  
262 *Sci Adv*. 2019 May 1;5(5):eaau7459.
- 263 [16] Bastian M, Heymann S, Jacomy M. Gephi: an open source software for exploring and  
264 manipulating networks. *International AAAI Conference on Weblogs and Social Media*;  
265 2009 Mar 19; Paris.
- 266 [17] Calatayud J, Bernardo-Madrid R, Neuman M, Rojas A, Rosvall M. Exploring the  
267 solution landscape enables more reliable network community detection. *Physical*  
268 *Review E*. 2019 Nov 21;100(5):052308.
- 269 [18] Hammer Ø, Harper DA, Ryan PD. PAST-palaeontological statistics, ver. 1.89.  
270 *Palaeontol Electronica*. 2001 Aug 21;4(1):1-9.

271 [19] Wagner GP, Chiu CH. The tetrapod limb: a hypothesis on its origin. J Exp Zool. 2001  
272 Oct 15;291(3):226-40.

273

274 **Authors' contributions**

275 EV, MF, MB conceived, designed the study, and wrote the first draft. MF, LC, YH conceived  
276 the network models of ichthyosauromorphs, ichthyosaurs, marine crocodiles, mosasaurs,  
277 plesiosaurs, MB, LA, FP those of marine mammals and penguin, JS that of the marine turtle.  
278 EV created and analyzed the networks and designed the figures. All authors contributed to  
279 and approved the final version of the manuscript.